

# The Student Affairs Focus

Missouri State  
University

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## What's in this issue:

Page 2

Staff Spotlight

Page 3

Ask, Listen, Refer

Taylor Health

Update

Page 4

Campus Recreation

Page 5

Homecoming

Re-Cap

International

Student Week

## VP Welcome

*Change is in the air...* The Division of Student Affairs and the Provost's Office jointly announce the following reorganizational changes.

Effective immediately, **Volunteer Programs** (under the leadership of Patrick Grayshaw) will move from the Office of Student Engagement within the Division of Student Affairs to the Provost's office under Student Development and Public Affairs. This move will create greater synergies and alignment with CASL and Public Affairs activities. Volunteer Programs continue to be an important operation for students to engage in experiential learning opportunities and we anticipate these programs to flourish with this new organizational structure.

Also effective immediately, **SOAR and Parent/Family Programs** (under the leadership of Joe Morris) will move from the Provost area back to Student Affairs creating a smooth transition from admission through matriculation. SOAR will continue to guide students through the orientation, advising and registration process while building pride in being a MSU Bear. Parent and Family programs will build upon the great work started through Family Weekend initiatives and create opportunities for greater year round partnerships with parent and family members.

We anticipate that the great work these offices are known for will continue and will grow!



Dr. Dee Siscoe

## **Board of Governor's Student Board Member Applications Available**

The Missouri State University Board of Governors are searching for a new Student Governor to serve a two year term beginning in January. Paige Jenkins is the current Student Governor, and has served in this position since February of 2012. She has been a wonderful asset to the board, and we wish her much success as she graduates in May 2014 with a M.S. in Plant Science.

Please encourage our Missouri State University student leaders to consider applying for this incredible honor to serve the institution.

**[CLICK HERE](#)** for the application on the Student Affairs website.

## Staff Spotlight

At the annual conference of the Missouri Association of Collegiate Registrars and Admissions Officers (MACRAO) on October 28-30, 2013, two of our staff were elected to serve on the Executive Board.

Congratulations to:

**Dr. Rob Hornberger**, Registrar, was elected to the position of President-Elect.

**Dixie Williams**, Assistant Director of Admissions-Transfer Coordinator, was elected to the position of Vice President for Membership and Communications

MACRAO is the Missouri regional member of AACRAO (American Association of College Registrars and Admission Officers), with more than 350 members representing approximately 90 institutions. Missouri State University is proud to have these two hard-working staff members to represent our institution and the field of Registrars and Admissions for the state of Missouri.

### CONGRATULATIONS

Dr. Marissa Weaver, Associate Director of the Office of Student Engagement, is a new and proud mother of a little girl named Lucy Jeane. Lucy was born on October 23, 2013. The Division of Student Affairs would like to send a warm welcome to Lucy, and all the best to Marissa and her husband, Jason on this new adventure in parenthood.



Tim Datema, Bookstore Shipping and Receiving Supervisor, and his wife Jinny are excited to announce the arrival of their daughter, Corinne Grace. Corinne Grace was born on November 10, 2013. The Division of Student Affairs would like to send a warm welcome to Corinne, and all the best to Tim and Jinny on this new adventure in parenthood.



The transition to college can be a challenging time for students. Stressors, such as new roommates, time management, finances, relationships, and academics, play a role in this transition. With so many demands, students can become overwhelmed and experience negative feelings.

The Missouri State University Ask Listen Refer (ALR) Suicide Prevention Training Program is designed to help individuals recognize the risk factors and warning signs of suicide and respond appropriately. This 15-20 minute interactive training program can be found at <http://www.asklistenrefer.org/msu>.

This program encourages concerned persons to ASK if someone is thinking about suicide, LISTEN to their response carefully, and REFER them to a professional. Participants will learn about the prevalence of suicide among the college population, suicide warning signs, and view sample conversations to guide them through this difficult time.

For information that is generalizable to a broader population, visit [www.moasklistenrefer.org](http://www.moasklistenrefer.org). Missouri ALR is designed to teach non-academic affiliated Missourians how to recognize the risk factors, protective factors, and warning signs of suicide, and identify, respond to, and get help for people at risk.

Funding for the ALR project was provided in whole by The Missouri Foundation for Health. The current funding for the program is from the Missouri Department of Mental Health. As part of the grant the University of Missouri Wellness Resource Center, working with campuses throughout Missouri, created the online training.

If you are concerned about a student or want to become more knowledgeable about the risk factors and warning signs of suicide, visit <http://www.asklistenrefer.org/msu> or [www.moasklistenrefer.org](http://www.moasklistenrefer.org) for more information. Additional questions regarding this program should be directed to the Counseling and Testing Center.

## Taylor Health and Wellness



FT students see a Taylor primary care Doctor for a 15 minute visit free.

Labs, x-rays, other services are discounted.

Call by 9:00 AM and get in that same day!

Also, Follow Taylor Health and Wellness on Twitter @TaylorHealth

#HealthyBears



# CAMPUS RECREATION

**Glo Zumba** is back! Take Zumba on **November 12 @ 7:30pm** in a blacked out studio with glow sticks to illuminate your moves. It's a whole new twist on Zumba! Put on your neon and take advantage of this BearFit Special Event!

**Throwback with BearFit!** On **November 14**, BearFit classes will be featuring a throwback with music through the decades. You'll be motivated to work out with some of the greatest hits of all time! BearFit passes accepted. Don't have a pass? \$2 one-class passes are available at the Welcome Center.

**American Red Cross CPR and First Aid Certification.** Register for our final session online or in person at the FRC. Registration deadline is 2 days before the class. Limited seats are available. CPR/AED and First Aid are held in the Aquatics Classroom. CPR is \$55 and First Aid is \$40.

CPR/AED Session 3: November 16 from 9:00am-12:30pm

First Aid Session 3: November 16 from 12:30pm-2:00pm

**This certification does not fulfill the requirement for MSU nursing students.**

Register through online services <http://www.missouristate.edu/recreation/login.htm>

**SHARP Sessions** will be held in the FRC again this year! Three sessions will be sponsored by the Missouri State University Department of Safety and Transportation as well as by Campus Recreation Wellness. The classes are free so register for one of the following sessions! All sessions are from 6:30-9p.m.

Session 3: November 18-19; Register by November 15

Register through online services <http://www.missouristate.edu/recreation/login.htm>

**Personal Training** sessions involve one-on-one consultation and exercise with a nationally certified trainer. For more information visit our website: <http://www.missouristate.edu/recreation/Wellness/AssessmentsAndTraining.htm>

**Massage Therapy** is now offered at the Foster Recreation Center. Check our website for more information on times, prices, and how to sign up: <http://www.missouristate.edu/recreation/Wellness/Massages.htm>



## Bears Forever: Missouri State University Homecoming 2013 Re-Cap



Homecoming Week was another big success at Missouri State University! The activities held specifically for students and the annual Homecoming parade are planned each year by a committee of undergraduate students with the help of a graduate advisor. This year, the committee dreamed bigger and bolder in their planning and it proved effective. Record numbers of attendance at Rockstar MSU, Pep Rally and Yell Like Hell were reached, a new event featuring the help of Qdoba

and Ozarks Food Harvest was a huge hit, as well as a Canoe Battleship event in the Foster Recreation Center. The crowning of a new Homecoming King and Queen during coronation ceremony was held during half time of the Bears Football game on Saturday as well as the first ever Junior Homecoming Court. For a complete list of events and winners as well as Homecoming royalty information, please visit <http://www.missouristate.edu/studentengagement/homecoming/>.



## International Education Week!

November 11 – 16 is International Education Week! International Services in conjunction with International Programs is excited to promote and support a weeklong celebration of internationalization at MSU.

Activities will include the Parade of Nations, International Film Night, Tales From Abroad, international dance workshop, a presentation by Chris Bashinelli on Global Citizenship, Tour the Globe, and culminating with the 35th Annual Association of International Students (AIS) International Banquet and Show.

Please visit the International Programs website for all of the details:

<http://international.missouristate.edu/>



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MISSOURI STATE UNIVERSITY

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901 South National Ave.  
Carrington 200  
Springfield, Mo. 65897

Website:  
<http://studentaffairs.missouristate.edu/>

Phone: 417-836-5526  
Fax: 417-836-4916  
E-mail: [Katelynn2008\\_@MissouriState.edu](mailto:Katelynn2008_@MissouriState.edu)